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## Prenatal Intake Questionnaire

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### About you:

What kind of work do you do? \_\_\_\_\_ How many hours/week? \_\_\_\_\_

What is the highest level of schooling you have achieved? \_\_\_\_\_

What is your ethnic background? \_\_\_\_\_ Do you follow a faith or religion? \_\_\_\_\_

What was your weight before pregnancy? \_\_\_\_\_ How tall are you? \_\_\_\_\_

What was the first day of your last menstrual period? \_\_\_\_\_ What is your age? \_\_\_\_\_

Would you like a translator for your visits? Yes  No

If so, which language are you most comfortable with? \_\_\_\_\_

What would you like us to know about you? \_\_\_\_\_

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### About your baby's father and other family supports:

Is the father involved? \_\_\_\_\_ What is his name? \_\_\_\_\_ How old is he? \_\_\_\_\_

What kind of work does he do? \_\_\_\_\_ What is his ethnic background? \_\_\_\_\_

Who will be helping you when you go home with your baby? \_\_\_\_\_

Do you have concerns about being a parent? \_\_\_\_\_

Is your partner in this pregnancy the same person as the baby's father? Yes  No

**About your lifestyle:**

Do you exercise regularly?

Yes  No

What type of Exercise? \_\_\_\_\_

Do you smoke tobacco?

Yes  No

Are you exposed to someone else's smoking?

Yes  No

Do you use cannabis products?

Yes  No

Since becoming pregnant, have you had alcohol?

Yes  No

How much did you drink before becoming pregnant? \_\_\_\_\_

Do you use any recreational drugs?

Yes  No

Do you use e-cigarettes or vape?

Yes  No

Do you have any dietary restrictions?

Yes  No

Do you have any pets?

Yes  No

If yes, which ones? \_\_\_\_\_

Have you had any recent international travel, or are you planning to travel during the pregnancy?

Yes  No

If yes, where? \_\_\_\_\_

**About your medical history:**

Do you take any regular medications? Please list: \_\_\_\_\_

Do you take any supplements or non-prescription meds? Please list: \_\_\_\_\_

Do you have any allergies to medications? \_\_\_\_\_ If so, what type of reaction? \_\_\_\_\_

**Have you had any previous surgeries:**

Breast surgery type: \_\_\_\_\_

Uterine surgery type: \_\_\_\_\_

Cervical biopsy type: \_\_\_\_\_

Back surgery type: \_\_\_\_\_

Gallbladder surgery

Appendectomy

Other: \_\_\_\_\_

Other: \_\_\_\_\_

**Do you have any of the following medical or psychiatric conditions:**

- |   |  |
|---|--|
| <input type="checkbox"/> Asthma                     | <input type="checkbox"/> Bowel disease |
| <input type="checkbox"/> Thyroid disease            | <input type="checkbox"/> Seizures      |
| <input type="checkbox"/> Diabetes                   | <input type="checkbox"/> Depression    |
| <input type="checkbox"/> High blood pressure        | <input type="checkbox"/> Anxiety       |
| <input type="checkbox"/> Liver disease              |  |
| <input type="checkbox"/> Autoimmune disease         | Other: _____                           |
| <input type="checkbox"/> Kidney or bladder problems | Other: _____                           |
|   | Other: _____                           |

**Have you or the baby's father had any of these infections:**

- |                |                              |                                 |             |                              |                                 |
|----------------|------------------------------|---------------------------------|-------------|------------------------------|---------------------------------|
| Cold sores     | you <input type="checkbox"/> | father <input type="checkbox"/> | HIV         | you <input type="checkbox"/> | father <input type="checkbox"/> |
| Genital herpes | you <input type="checkbox"/> | father <input type="checkbox"/> | Hepatitis   | you <input type="checkbox"/> | father <input type="checkbox"/> |
| Chlamydia      | you <input type="checkbox"/> | father <input type="checkbox"/> | Chicken Pox | you <input type="checkbox"/> | father <input type="checkbox"/> |
| Gonorrhoea     | you <input type="checkbox"/> | father <input type="checkbox"/> |             |                              |                                 |

**About your family's health history:**

Are there any genetic or congenital (present at birth) diseases that run in your family or your partner's family: \_\_\_\_\_

Is there anyone in the immediate family (parents or siblings) who have the following conditions:

- |  |   |
|--|---|
| <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Lung disease   |
| <input type="checkbox"/> Thyroid disorder        | <input type="checkbox"/> Hepatitis      |
| <input type="checkbox"/> Heart disease or defect | <input type="checkbox"/> Kidney disease |

Other: \_\_\_\_\_  
Other: \_\_\_\_\_

Pregnancy complications? If so, do you know what type? \_\_\_\_\_

Please fax or email this form to our clinic once complete.